

# General Health & Safety Awareness Course

**Duration: 8 hours Medium : English**

## COURSE OVERVIEW

This course will provide participants with the knowledge on Workplace Safety & Health (WSH) Act and its subsidiary regulations, personal WSH responsibilities, understanding of hazard identification & risk control and emergency response.

## WHO SHOULD ATTEND

All personnel in the company



## LEARNING OUTCOMES

Upon completion of this course, participants will be able to

- Understand the Workplace Safety & Health (WSH) Act and its subsidiary regulations
- Understand their personal WSH responsibilities and liabilities
- Able to conduct hazard identification
- Implementation of risk control
- Prepare and respond to emergency

## METHOD OF STUDY

Face to Face Training and group/individual exercise

## ASSESSMENT & CERTIFICATION

Certification will be issued to participants who attend the course and successfully complete the assessments.

## Course Content

The syllabus focus on:

- Overview of the Workplace Safety and Health Act and its subsidiary legislation
- Understand their personal WSH roles and responsibilities along with its legislative liabilities
- Conduct of Hazard identification on:
  - Mechanical
  - Working at Height
  - Confined Space
  - Access & Egress
  - Housekeeping
- Implementation of control measures
- Prepare and respond to an emergency

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