



Food Allergens Awareness Training

The 4 hours training enables you to understand the difference between food allergies and food intolerances, identify 8 common food allergens and interpret food allergen advice. The training has been developed in accordance with Singapore Food Agency website on Food Allergens and best industry practices.

DURATION

4 Hours

LANGUAGE

English

COURSE CODE

FS-11021

Food Allergens Awareness Training

Course Content

The syllabus focuses on:

- Differences between food allergies and food intolerance
- Symptoms of food allergic or intolerance reactions
- Food & ingredients known to cause hypersensitivity according to Singapore Food Agency
- Examples of food & ingredients for 8 common types of food allergens
- Declaration methods of food and ingredients known to cause hypersensitivity on food label
- Case studies to interpret allergen advice and declaration on food product label
- Food allergens management programme to minimise risk of cross-contamination

Who Should Attend

- Appointed staff who are involved in handling food allergens in their day-to-day operation
- Individuals who have food allergies/ intolerance and keen to gain knowledge on food allergens
- Key personnel who are involved in developing and implementing food allergens management system

Method of Study

- Online Webinar with virtual interactive activities

Assessment

- Online Quiz upon completion of course

Certification

- Certificate of Attendance will be awarded for participants who are with 100% attendance

Learning Outcomes

By the end of this training, learners from Food Allergens Awareness Training will be able to:

- Define food allergies and food intolerances
- Understand the symptoms of food allergies and intolerance
- Identify 8 common types of food allergens from a food product label
- Apply proper allergens labelling in a food product label
- Interpret all common food allergens in a food product by reading different types of food allergens advice in the food label
- Develop food allergens management system to minimise cross-contamination at workplace

ISRC PTE. LTD.

No.6 Ubi Road 1 #02-10
Wintech Centre
Singapore 408726

Tel (+65) 6747 4123
Email training@isrc.com.sg